



MedCure Surgical Training Center Breaks Ground in North Gresham Business Area

The City of Gresham is finalizing building permits for the creation of a Surgical Training Center at the northeast corner of 181st Avenue and Sandy Boulevard.



Medcure breaks ground on state-of-the-art surgical training center

Ground breaking for the new facility happened September 7th. The new Surgical Training Center will be a six-station, state of the art bio-skill laboratory. Surgeons will utilize the center to develop and practice the latest in minimally invasive surgical procedures on persons who have donated their body after death, to support advancements in medical science. This kind of surgical training is critical in developing competency in procedures before performing these operations on living persons. "The location is ideal for us because of the proximity to the Portland International Airport and area hotels," says Valere Beck, Marketing Director for MedCure. "This allows surgeons to access the center with ease."

The opening date is expected to be in February 2012.

MedCure was established in 2005 in Portland, Oregon and has become a leading national non-transplant whole body donation program. MedCure has already established two Surgical Training Centers in two other locations: Cumberland, Rhode Island and Henderson, Nevada. MedCure serves as a bridge between whole body donors and the medical educators and researchers that rely on donations to develop new and more effective treatment and therapies.

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HB Lee Middle School Awarded "Safe Routes to School" Grant

Walking and biking to HB Lee Middle School will soon be safer and easier.

The Oregon Department of Transportation has awarded the City of Gresham and Reynolds School District \$169,000 to add bike lanes, signs to slow traffic, and new crosswalks on 172nd Ave between NE Halsey and NE Glisan.

The Gresham project includes extending a bike and pedestrian pathway and building a covered bike structure on the HB Lee campus. It also includes a new mid-block crosswalk and two signs advising drivers of the school zone and their actual speed. The improvements are expected to make it safer for students who face speeding drivers and have difficulty crossing the street as they walk or cycle to school.

The project is one of 10 Oregon Department of Transportation awards statewide to promote healthy living among children and reduce congestion, fuel consumption and air pollution around schools.

It also highlights a new public health partnership between Multnomah County, the cities of Gresham and Portland, and local school districts to prevent obesity and chronic diseases by boosting children's physical activity and healthy food options.

"Not that many years ago, kids commonly walked and biked to school, ate meals at home and weren't playing video games for hours. Today, we're moving less and eating more and as a result, obesity is an epidemic and this is the first generation expected to live a shorter life than their parents," said Sonia Manhas, Multnomah County Wellness and Prevention program manager. "This grant will provide infrastructure so parents will feel comfortable with their children walking or biking to school."

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Did you know? The City's wastewater treatment plant treats an average of 13 million gallons of wastewater per day.

PO Box 536 • Fairview, OR 97024



Desire a cozy home this winter? Clean Energy Works Oregon is here to help!

Even the smallest leak in your home can allow the winter chill to enter. Sealing all air gaps and properly insulating walls, the attic and crawl space in your home can help keep indoor temperatures more moderate – both in the winter and summer. These are just two of the improvement opportunities offered with Clean Energy Works Oregon (CEWO).

CEWO is a new non-profit, partnering with the City of Gresham, to provide homeowners with an easy, all-in-one solution to improving energy efficiency in the home. Improving the energy efficiency in your home increases comfort and protection from both inclement weather and rising energy rates.

- No-money-down, easy financing
- Free extensive home energy audit by a trained building expert
- Work conducted by a certified contractor
- Repayment of loan through the utility bill

wilkeseastna.org

It includes home and water heating, insulation, windows, and air and duct sealing.

Apply today and receive up to \$2,000* in instant rebates toward the cost of your home energy improvements.

**Up to \$1,500 in instant rebates based on 30% modeled energy savings. Instant rebates are subject to change without prior notice, are non-transferable and will only be available for qualified program borrowers for a limited time. Rebates include federal, state, and local resources and standard Energy Trust cash incentives.*

Another \$500 in instant rebates is available to the first 100 Gresham participants.

To apply, visit www.cewo.org Gresham's Instant Rebate Code is **LGGRE**.

For more info contact Nicole Cousino, City of Gresham, 503-618-2485 or email Nicole.Cousino@GreshamOregon.gov .■

**Mark Your Calendar!
Wilkes East Neighborhood**

**NEXT MEETING
March 26, 2012 • 7PM**

**St Aidan's Church
174th & NE Glisan**

Wilkes East Neighborhood Association Newsletter

Published quarterly. Over 1500 copies distributed throughout Wilkes East.

The Wilkes East Neighborhood Association (WENA) is a non-profit organization in Gresham, Oregon. Deadline for submission is the 10th of the month prior to publication. Submit material to info@wilkeeastna.org. WENA reserves all rights, and all copy may be edited for clarity and length. PDF version (with active hyperlinks) of this newsletter online at: www.wilkeeastna.org.

EXECUTIVE BOARD

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BOARD MEETINGS

Board meetings are held on the fourth Monday of each month at 6:30PM. See [website](#) for details.

SPECIAL THANKS

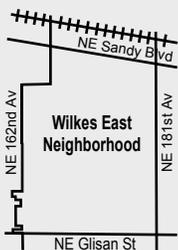
- The Wilkes East Neighborhood Newsletter is funded, in part, through a generous grant from the [City of Gresham](#).
- Printing by [Print Results Inc.](#) 503-287-9566
- Meeting hall: [St Aidan's Episcopal Church](#)

Got an interesting story to share?

Email it to: info@wilkeeastna.org
or mail to: PO Box 536 • Fairview, OR 97024

Volunteer Opportunities

Get involved. Let us know how you'd like to help. Email info@wilkeeastna.org for details.



Dear Neighbors • a message from your WENA President

Tagging has continued throughout the summer. The WENA Board has decided to take on tagging/graffiti as a project. We have been collecting input from other neighborhood associations as well as merchants who sell spray paint, paint sticks and other pen products. We have also been talking to the City of Portland about the results they have seen since locking up these products. Our ultimate goal is to lobby Gresham City Councilors to put in place an ordinance similar to Portland's. Any comments you may have along with your willingness to assist in this project would be appreciated.

Kicking off the summer, Nadaka/Nelson Parks had several clean-up's along with our first Community Festival with food, drinks, music, face painting, crafts and games for the children. About 300 attended even though it was raining. Attendee's included former members of Camp Fire alumni coming from as far away as Seattle. It was a fun gathering with songs from their Camp Nadaka days & lots of memories shared with one and all. Albertson's provided the BBQ hot dogs, drinks & chips along with personnel to do the food handling.

The Audubon Society came out in late summer with a group of raptors; a Spotted Owl, Turkey Vulture and Peregrine Falcon along with docent to handle them & tell their stories. Verde was there with pictures of their work done with community gardens in the region.

At our October public meeting Josh Stein, AIA brought us up to date on the progress of John Deere's expansion project.

MedCure will be speaking at our March 2012 meeting.

Habitat for Humanity has purchased several parcels of land in East County, one of which is the large parcel at the corner of 165th & NE Glisan. Habitat's staff is working with the City of Gresham on what needs to be done (*code wise*) before breaking ground. We'll keep you posted on their progress.

Please frequent these businesses that support projects for our community; Jazzy Bagel, Third Place Coffee Shop, Starbuck's at 181st, Grower's Outlet and Albertson's.

Happy Autumn !

Your neighbor,
Kristen Freiermuth

MEDCURE (Page 1)

Donors are crucial to the medical science community because there is no adequate replacement for the human body when it comes to teaching and research.

The Surgical Training Center in Gresham will provide employment opportunities for persons with a bachelor's degree or 3-5 years previous related work experience in the medical or related field. Employment opportunities are available in Donor Coordination Services, Community Outreach, Research Relations, and Lab Technology. As employment opportunities become available, they will be posted on the website: www.medcure.org/about-medcure/careers-at-medcure/. ■

Old Computers or TV's to Get Rid Of?

Take them to the nearest Goodwill or Salvation Army for free recycling.

Did you know? One of the largest ground mount solar arrays in the Pacific Northwest is located in Gresham.

Wondering what to do with those old paint cans, motor oil and solvents?

Visit: www.OregonMetro.gov for everything you need to know about recycling and hazardous waste disposal.

AWARD (Page 1)

Working with a Centers for Disease Control and Prevention grant, Multnomah County is funding wellness coordinators at Reynolds and six other school districts to improve student health by increasing local, healthful food, adding water fountains and supporting physical activity throughout the school day and other initiatives.

"The City of Gresham, Reynolds School District, and Multnomah County have come together to make the community a healthier place to live. Students need increased opportunities for daily physical activity in order to help prevent obesity-related disease and be better learners," said Sara Woldrich, Healthy Active Schools Coordinator for the Reynolds School District. "Safe ways to walk and bike to and from school do just that."

Gresham police issued 27 speeding tickets on the street in front of HB Lee Middle School during the 2009-2010 year.

For information contact Andrea Watson, Reynolds School District, 503-491-3428 or Laura Shepard, City of Gresham, 503-618-2247. ■

Did you know? Gresham has 116.74 miles of bike lanes in the city.

FREE, LOW COST TRANSPORT



503.226.0700

door-to-door rides for seniors and people with disabilities.



Breaking The Cycle of Crime

Center Offers Help for At-Risk Families.

The Center for Family Success is a nonprofit family services organization located on SE 181st Avenue

between Stark and Burnside. The Center moved to the Rockwood neighborhood in 2007 and converted an abandoned adult video store into its current office.

The Center's mission is to help break the cycle of criminality for at-risk families and improve outcomes for children. It provides free parenting classes, support groups, advocacy and resources to parents involved in the criminal justice system.

Two years ago the Center started a family and civic engagement program as a way to promote greater community involvement, encourage parent-child interaction, and provide education on local family resources and activities.

Through this program, twice a month the Center for Family Success invites families to a variety of community and parent-child events such as field trips to the Oregon Zoo and Portland Children's Museum, movies in the park, outdoor BBQs, and multi-family holiday parties. On Saturday, September 10th several families attended the community gathering at Nadaka Nature Park where they learned about the Audubon Society, engaged in a nature scavenger hunt, received free plant starts, enjoyed a picnic brunch, and met other members of their community.

The Center for Family Success is always looking for new community resources and events to tell families about, and enjoys partnering with local groups to promote greater community engagement.

For more information about this program visit their website at: pathfindersoforegon.org/community_support/center_family_success-rockwood.shtml ■



Cypress Park Watch Group Hosts National Night Out 2011 Event

Last August 5th, millions of people from every state, across 15,000 communities participated in events to help make communi-

ties safe and raise awareness about anti-crime programs.

The Wasco Street Neighborhood Watch group celebrated their 3rd *National Night Out*TM with approximately 45 neighbors taking part in this year's event. Held in the cul de sac, neighbors enjoyed hamburgers, hot dogs, a delicious potluck and cold drinks on this warm summer night as they gathered in solidarity.

Claudette Naylor, head of the Wasco Street watch group said attendance was up from last year and added that the group is looking forward to doing it again next year.

About Neighborhood Watch

Neighborhood Watch is a highly successful effort that has been in existence for more than thirty years across America. Watch groups build pride and forge bonds among block residents by really getting to know and look out for neighbors. There are several Wilkes East neighborhood watch groups listed on our website under "Meetings". Look for one in your area.

To start a watch group contact Kelle Landavazo, City of Gresham 503-618-2567 or online at greshamoregon.gov ■



Rosewood Initiative; Neighbors helping neighbors

High crime rate, drugs, gangs and violence unite a community.

The Rosewood Initiative is a nonprofit organization launched in 2009

dedicated to making the Rosewood area a safe and desirable place to live, work, and play. To accomplish this goal, they are partnering with residents, apartment managers and owners, businesses, churches, government agencies, social services, neighborhood associations, and public safety agencies.

Rosewood is a roughly 15-block area around the intersection of NE 162nd & E. Burnside. The neighborhood is most commonly defined as SE 157th to SE 165th and NE Holiday to SE Alder. About 70 percent of the area's 6,500 residents live in 46 apartment complexes.

Unfortunately, many residents in the Rosewood area are at risk due to the influence of gangs, drugs, and human trafficking activities in and around the community. For that reason, the Rosewood Initiative is developing an outreach program called RISE (Rosewood Initiative Sisters Empowered) to help identify at-risk youth and connect them to appropriate mentorship and service programs.

In an effort to help solve these and other problems plaguing the area the Rosewood Initiative is working to create a community center for positive, community-based activities with a full-time community developer; instill a self-policing attitude in the community, residents, property and business owners; document what works to prevent crime, improve quality of life, and increase property values.

More than two years later their efforts are working!

The Rosewood Initiative and its partners were instrumental in having classical music installed at the 162nd MAX station. The music's calming influence has proved to be an effective way to deter loitering by young people and reducing crime on the train station platforms.

The Rosewood Café (opening soon) will serve the combined purposes of a community center, non-profit coffee shop, and police contact office. More than 100 volunteers have worked over 650 hours to renovate and design the new café space located at 162nd & SE Stark in the Village Square Shopping Center.

Building an empowered community takes time, effort, and resources. Everyone who lives or works in or around the Rosewood area will benefit from the success of the Rosewood Initiative.

For more information contact Shea Marshman 503-459-7195, online rosewoodinitiative.org, Facebook "Rosewood Initiative". ■

Did you know? Downtown Gresham has over 150 shops, restaurants, and service businesses.

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Kristen Freiermuth

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NADAKA NATURE PARK

Where we nurture nature, food & families.

By: Lee Dayfield

The 2 year [Metro Nature in Neighborhood](#) grant for improvements inside Nadaka ended June 30th. Metro's contribution was \$10,199 and we were to match that with in-kind contributions and volunteer time in the amount of \$13,748 for a total grant of \$23,947. In actuality this grant amounted to a value of \$91,916.70 when all the volunteer time and contributions were added. We had 33 cleanups, 5 of which involved [SOLV](#). Approximately 903 volunteers participated in these cleanups.

A group, *Friends of Nadaka*, is moving forward to find funding for the development of the Nelson property according to the [City's Master Plan](#). This group met in May, June and July to come up with a plan and timeline for the project. The group consisted of citizens and representatives from [The Audubon Society](#), [WENA](#), [Human Solutions](#), [Columbia Slough Watershed Council](#), [Verde](#), [Grow Portland](#), Rockwood Neighborhood Association, [East Multnomah Soil & Water Conservation District](#), [St. Aidan's Episcopal Church](#) and [Eastrose Unitarian Universalist](#) church. The next meeting will be December 9th at 10 am at St. Aidan's. Dates and times for these meetings can be found on the WENA website calendar at [www.wilkeseastna.org](#).

The Nadaka Nature Park & Garden project is over \$1 million. WENA and The Audubon Society submitted a letter of interest to Metro for a capital grant of approximately \$200,000 which has been accepted and the full application to Metro is due in January 2012. East Multnomah Soil & Water Conservation District agreed at their Board meeting on September 19th to set aside an initial sum of \$100,000 in support of this project. These funds are to be used for developing a final construction design, capital expenses and development and implementation of an operations and maintenance plan. Additional grant efforts are underway.

If you're interested in being a part of this project please contact Lee at 503.998.1044 or leewilkeseastna@hotmail.com.



Follow our progress!
"Friends of Nadaka"
on Facebook



As we celebrate our blessings, we also must remember those less fortunate than ourselves. Give from the heart. Donate time or money to a local charity this Holiday Season and enjoy knowing your generosity has helped to brighten the season for someone in need



On September 10th the Audubon Society brought five of their birds to Nadaka. These included a hawk, Spotted Owl and Great Horned Owl, Turkey Vulture and American Kestrel. Verde, [www.verdenw.org](#), which is a partner in the



development of the community garden was also there sharing information. A big thank you to The Audubon Society and Verde for coming to Nadaka. Free succulents were given away to those attending. A big thank you to Gloria and Byron at St. Aidan's for providing the chairs and tables for this event.

Beginning October 13th the [SUN](#) program at HB Lee will be going to Nadaka between 2:30 and 4:30 pm on Thursdays. The students will be learning about native and invasive plants, planting native plants, removing invasives, mulching trails and playing games. If you would like to join this group, meet at Nadaka around 2:45 pm as the students will be walking over from school.

Nadaka is an incredible asset to our neighborhood and we should all enjoy it and participate in activities that are organized. Notices of upcoming events are posted on the north gate and the WENA website. Become a *Friend of Nadaka* on Facebook. (A website for *Friends of Nadaka* is in the works too) ■

Have You Taken the City's Roll Cart & Recycling Survey?

Gresham is considering moving to standard roll carts for garbage and yard debris collection, similar to how your recycling is currently collected in a standard blue roll cart. Take the short 10 question survey at [surveymonkey.com/s/GreshamRecycling](#) ■



Are You Ready For Winter?

Winter Weather Can Happen Quickly in the Northwest.

Don't be left in the cold. Do you have a battery radio? Fresh batteries? Food? Extra medication? An alternate heat source? How's your car? Got tire chains? Gloves? Blanket? Food/Water?

Now is the perfect time to gather these items and have them easily available so when Old Man Winter makes that unexpected visit this year you can relax and make the most of it.

Carbon Monoxide Kills!

Never use a generator, grill, propane or gas camp stove or other combustible device inside a home, garage or basement.

To help you prepare for winter visit the Oregon Red Cross website [www.oregonredcross.org/winter](#) ■